

## **“BARIATRIC SURGERY AMONG PATIENTS OVER 60 YEARS OLD”**

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### **INTRODUCTION**

Bariatric surgery is nowadays approved and effective method of treatment for morbid obesity. In spite of this, the procedures performed in the elderly are still controversial and often subjected to discussion.

### **MATERIAL AND METHOD**

The aim of the study is retrospective analysis of 21 patients above 60 years old who underwent sleeve gastrectomy in Department of General, Minimally Invasive Surgery and Elderly in Olsztyn, Poland from October 2013 to April 2016.

Mean age of patients was 64.2 years, the initial BMI for this group was 43. kg/m<sup>2</sup>. 12 patients suffered from diabetes mellitus, while 9 – hypertension. All of the patients have improvement in comorbidities. No major complications were noticed during follow up time.

### **CONCLUSIONS**

Sleeve gastrectomy seems to be a safe and approved bariatric method for elderly. The low complication rate and acceptable outcomes are encouraging further research into the propriety of qualification of patients above the age of 60 for surgical treatment

**Kategoria:** K3. Chirurgia patologicznej otyłości / Techniki i metody terapii endoskopowej w chorobach przełyku / Pathological obesity surgery / Techniques and methods of endoscopic therapy in diseases of the esophagus